

DAILY FAVORITES (Full Salad & Soup Bar Everyday 9AM-8PM)

Bacon & Cheese, Vegetarian Breakfast Burritos, Roasted Chicken Pieces, Steamed Kale, Brown Rice, Baked Tofu, Lentils

MONTHLY ENTREES Mon - Fri 11AM-8PM • Sat & Sun 9AM-2PM

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| 1 Sat | Baked French Toast, Texas Hash Bake, Southwest Tofu Scramble, Scrambled Eggs with Cheese |
| 2 Sun | Biscuits & Gravy, Kale Frittata, Garden Tofu Scramble, Breakfast Potatoes |
| 3 Mon | Chicken Roti, Curried Cabbage, Roasted Sweet Corn |
| 4 Tue | Beef or Three Cheese Lasagna, Steamed Peas & Carrots, Dill Potatoes |
| 5 Wed | Meatloaf, Steamed Green Beans, Red Wine Marinara |
| 6 Thurs | Coconut Chicken Curry, Samosas, Chana Masala, Tofu Saag Paneer |
| 7 Fri | Potato Kale Casserole, Garden Veggie Marinara, Roasted Squash |
| 8 Sat | Biscuits & Gravy, Mexican Tofu Scramble, Swiss Chard Frittata, Sweet Potato Hash |
| 9 Sun | Three Cheese Frittata, Garden Tofu Scramble, Breakfast Potatoes, Baked Oatmeal with Apples |
| 10 Mon | Traditional or Vegan Jambalaya, Vegan Dirty Rice, Buttered Peas |
| 11 Tue | Southwest Mac & Cheese, Balsamic Roasted Green Beans with Mushrooms, Herb Garlic Sweet Potatoes |
| 12 Wed | Turkey Meatloaf, Roasted Squash Medley, Romano Marinara |
| 13 Thurs | Green Thai Curry, Samosas, Chana Masala |
| 14 Fri | Italian Meatballs, Arribiata, Roasted Cauliflower |
| 15 Sat | Cheesy Grits, Spinach & Tomato Tofu Scramble, Mushroom & Bleu Cheese Frittata, Breakfast Potatoes |
| 16 Sun | Biscuits & Gravy, Sweet Potato Hash, Southwestern Tofu Scramble, Scrambled Eggs with Cheese |
| 17 Mon | Chicken or Tofu Peanut Pad Thai, Herb Garlic Sweet Potatoes, Steamed Green Beans |
| 18 Tue | White Bean Cassoulet, Roasted Sweet Corn, Spanikorzo |
| 19 Wed | Meatloaf, Roasted Cauliflower, Fresh Basil Marinara |
| 20 Thur | Chicken Tikki Masaloo, Samosas, Tofu Saag Paneer, Chana Masala |
| 21 Fri | Shepard's Pie, Curried Cabbage, Arribiata |
| 22 Sat | Biscuits & Gravy, Garden Tofu Scramble, Broccoli Frittata, Texas Hash Bake |
| 23 Sun | Baked French Toast, Hipster Hash, Southwest Tofu Scramble, Scrambled Eggs with Cheese |
| 24 Mon | Beef Stroganoff, Herb Garlic Potatoes, Roasted Sweet Corn |
| 25 Tue | Chicken or Tofu Stir Fry, Steamed Green Beans, Broccoli Forrest Rice |
| 26 Wed | Turkey Meatloaf, Wild Rice Pilaf, Steamed Peas & Carrots |
| 27 Thurs | Coconut Chicken Curry, Samosas, Chana Masala, Tofu Saag Paneer |
| 28 Fri | Mac & Cheese, Honey & Cinnamon Sweet Potatoes, Roasted Cauliflower |
| 29 Sat | Baked Oatmeal with Apples, Breakfast Potatoes, Three Cheese Frittata, Mexican Tofu Scramble |
| 30 Sun | Biscuits & Gravy, Spinach & Tomato Tofu Scramble, Kale Frittata, Sweet Potato Hash |

SOUPS

DATE

- 4/2 - 4/8 New England Clam Chowder, * Chicken, Chef's Choice x 2
- 4/9 - 4/15 PFC Vegan Chili, * Chicken, Chef's Choice x 2
- 4/16 - 4/22 Tomato Basil, * Chicken, Chef's Choice x 2
- 4/23 - 4/29 West African Peanut, * Chicken, Chef's Choice x 2
- 4/30 - 5/6 Spring Vegetable, * Chicken, Chef's Choice x 2

* Chicken with or with out rice options

Menu items are subject to change due to availability