

**DAILY FAVORITES** (Full Salad & Soup Bar Everyday 9AM-8PM)

Bacon & Cheese, Vegetarian Breakfast Burritos, Roasted Chicken Pieces, Steamed Kale, Brown Rice, Baked Tofu, Lentils

**MONTHLY ENTREES** Mon - Fri 11AM-8PM • Sat & Sun 9AM-2PM

1 Wed	Turkey Meatloaf, Pesto Pasta, Peas & Carrots
2 Thurs	Green Thai Curry, Roasted Cauliflower, Samosas
3 Fri	Beef or Mushroom Stroganoff, Herb Garlic Potatoes, Sauteed Green Beans
4 Sat	Baked French Toast, Southwest Tofu Scramble, Sweet Potato Hash, Broccoli Frittata
5 Sun	Biscuits & Gravy, Garden Tofu Scramble, Three Cheese Frittata, Breakfast Potatoes
6 Mon	Beef or Bean Mexican Lasagna, Cilantro Lime Rice, Roasted Squash
7 Tue	Asiago Basil Penne Bake, Peas & Carrots, Dill Potatoes
8 Wed	Meatloaf, Steamed Green Beans, Garden Veggie Marinara
9 Thurs	Chicken Tikki Masala, Coconut Rice, Samosas, Tofu Saag Paneer
10 Fri	Chicken Roti, Vegan Dirty Rice, Roasted Cauliflower
11 Sat	Biscuits & Gravy, Scrambled Eggs With Cheese, Hipster Hash, Mexican Tofu Scramble
12 Sun	Baked Oatmeal, Kale Frittata, Breakfast Potatoes, Garden Tofu Scramble
13 Mon	Chicken or Tofu Peanut Pad Thai, Honey & Cinnamon Sweet Potatoes, Roasted Corn
14 Tue	Zuppa Toscana, Pesto Pasta, Roasted Squash Medley
15 Wed	Turkey Meatloaf, Red Wine Marinara, Balsamic Roasted Green Beans With Mushrooms
16 Thurs	Chicken Coconut Curry, Tofu Saag Paneer, Samosas
17 Fri	Beef or Mushroom Stroganoff, Herb Garlic Potatoes, Roasted Cauliflower
18 Sat	Breakfast Bread Pudding, Garden Tofu Scramble, Sweet Potato Hash, Mushroom Frittata
19 Sun	Biscuits & Gravy, Scrambled Eggs With Cheese, Texas Hash Bake, Spanish Tofu Scramble
20 Mon	Italian Meatballs, Red Wine Marinara, Steamed Green Beans
21 Tue	Beef or Bean Mexican Lasagna, Vegan Dirty Rice, Roasted Squash
22 Wed	Meatloaf, Arribiata, Roasted Corn
23 Thurs	Vegetable Korma, Roasted Cauliflower, Samosas
24 Fri	Asiago Basil Penne Bake, Peas & Carrots, Dill Potatoes
25 Sat	Biscuits & Gravy, Mexican Tofu Scramble, Hipster Hash, Swiss Chard Frittata
26 Sun	Baked French Toast, Garden Tofu Scramble, Scrambled Eggs with Cheese, Breakfast Potatoes
27 Mon	Green Thai Curry, Broccoli Forrest Rice, Honey & Cinnamon Sweet Potatoes
28 Tue	Zuppa Toscana, Garden Veggie Marinara, Sauteed Green Beans
29 Wed	Turkey Meatloaf, Roasted Cauliflower, Wild Rice Pilaf
30 Thurs	Tikki Masala, Samosas, Tofu Saag Paneer
31 Fri	Italian Meatballs, Fresh Basil Marinara, Roasted Corn

**SOUPS**

**DATE**

2/27 - 3/5 Minestrone, \* Chicken, Chef's Choice x 2

3/6 - 3/12 Black Bean, \* Chicken, Chef's Choice x 2

3/13 - 3/19 Tomato Garden Vegetable, \* Chicken, Chef's Choice x 2

3/20 - 3/26 PFC Vegan Chili, \* Chicken, Chef's Choice x 2

3/27 - 4/2 West African Peanut, \* Chicken, Chef's Choice x 2

\* Chicken with or with out rice options

Menu items are subject to change due to availability